

Richard L. Cahanin IV, PT, PhD, Cert DN

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Education:

Doctor of Philosophy in Orthopedic and Sports Science (PhD), May 2011-April 2018
Rocky Mountain University of Health Professions, Provo, UT.

Doctor of Physical Therapy (DPT), Aug. 2007-May 2010
University of South Alabama, Mobile, AL.

Sales and Service Marketing (BS), Aug. 2001-May 2005
Louisiana State University, Baton Rouge, LA.

Work Experience:

Physical Therapist, Assistant Professor, August 2018-current
University of South Alabama, Mobile, AL.

Faculty position responsible for updating, organizing, developing, and presenting course content to student physical therapists. Also responsible for facilitating student learning and assessment of student performance to prepare them to pass the National Physical Therapy Board Exam and to become excellent healthcare clinicians.

Physical Therapist, Owner and operator, January 2013-July 2018
Tiger Physical Therapy, Mandeville, LA.

Private outpatient physical therapy clinic providing orthopedic and sport rehabilitation. Responsible for all business operations including marketing, accounting, scheduling, billing, and patient care.

Physical Therapist, staff, June 2016 – current
Kathleen Freeman Home Health Therapy Services, Mandeville, LA.

PRN contract PT in home health setting. Responsible for patient care, electronic documentation, supervision of multiple PTAs, and coordination of care among multiple disciplines. Working with various patient populations, including post-operative orthopedic, geriatric, and neurologic; many patients with multiple co-morbidities; some near end of life.

Physical Therapist, Staff, September 2010 – June 2014
Ochsner Medical Center, Slidell, LA.

Hospital-based physical therapy including inpatient and outpatient settings with a diverse patient population spanning from geriatric to pediatric care with both orthopedic and neurological conditions. Staff therapist responsible for performing evaluations, establishing plans for care, providing treatments, and supervising students, aides, and assistants.

**Peer-reviewed
journal
publications:**

Cahanin R, Esleck B, Hardy J, Bass B, Rogers T, Looney K. Development of the Butterfly Agility Test. *Phys Ther Sport*. 2021 Nov;52:38-44. doi: 10.1016/j.ptsp.2021.08.004. Epub 2021 Aug 10. PMID: 34404023.

Cahanin RL, Jefferson JR, Flynn TW, Goyeneche N. Iliac Crest Height Difference and Other Running-Related Variables' Relationship with Running Injury. *International Journal of Sports Physical Therapy*. 2019;14(6):957-966. doi:10.26603/ijsp.2019095

Cahanin IV RL, Jefferson JR, Flynn TW, Goyeneche N. Pain and Physical Performance among Recreational Runners Who Receive a Correction for an Iliac Crest Height Difference: A Case Series. *International Journal of Sports Physical Therapy*. 2019;14(5):794-803. doi:10.26603/ijsp.20190794

Book publications:

Cahanin R and Burley T. Integration of Imaging into Physical Therapy Practice. In: McKinnis LN. eds. *Fundamentals of Musculoskeletal Imaging*, 5e. McGraw Hill; 2021. <https://fadavispt.mhmedical.com/content.aspx?bookid=1899§ionid=141128681>

**Professional
Presentations:**

Cahanin R. Orthopedic Special Tests for the Lower Extremities: An Evidenced-Based Approach. An 8-hour lecture presented at the University of South Alabama; Mobile, AL. September 25, 2021

Cahanin RL, Jefferson JR. The Relationship Between Leg-Length Inequality and Running Injury. A 2-hour poster presentation presented at the American Physical Therapy Association's Combined Section Meeting; Denver, CO. February 2020

Cahanin R. Running injuries: etiology, risk factors, and prevention. A 1-hour lecture presented at the Louisiana Exercise Physiologist Association board meeting at Southeastern Louisiana University; Hammond, LA. March 2015.

**Continuing
Education:**

Gravano T. Orthotics and Prosthetics: Special Considerations for the Aging Adult. Medbridge. January 2022

Donatelli R. Returning the Injured Athlete to Sports: Foot, Ankle, and Orthotics. Medbridge. August 2021

Vagy J. The Movement System: Advanced Running Assessment and Treatment. Medbridge. August 2021

Professionalism Module 3: Ethical Compass. American Physical Therapy Association. June 2020

Professionalism Module 2: History of Professionalism in Physical Therapy. American Physical Therapy Association. June 2020

Combined Sections Meeting. American Physical Therapy Association. Denver, CO. February 2020

Screening for Fractures: Diagnostic Imaging and Beyond. American Physical Therapy Association. August 2019

Combined Sections Meeting. American Physical Therapy Association. Washington DC. January 2019

Professionalism Module 1: Introduction to Professionalism. American Physical Therapy Association. October 2018

Jurisprudence. Louisiana physical therapy board. 2012, 2013, 2016, 2017.

Louisiana physical therapy ethics. AdvantageCEUs. 2016, 2017.

DN-2: Dry needling for lumbopelvic and lower extremity conditions: an evidenced-based approach. The spinal manipulation institute. July 2016.

DN-1: Dry needling for cervicothoracic and upper extremity conditions: an evidenced-based approach. The spinal manipulation institute. December 2015.

Louisiana physical therapy ethics. Innovative educational services. 2012, 2013.

Coding and billing for therapy and rehab. Cross country education. 2013.

Certifications:

CPR for healthcare providers AHA certified valid through October 2023

Black belt in Shotokan Karate Do. Japanese Karate Association. May 2006

Black belt in Tae Kwon Do. Chittham-Jordan Korean karate. December 2017

Organizations:

Alabama Chapter and Orthopedic Section member. American Physical Therapy Association. Valid through May 2022.