



conveys the universal value of social justice and real food." -ALICE WATERS

VOLUI

WITH CHARLES WILSON Foreword by ERIC SCHLOSSER, Author of Fast Food No

GROWING HEALTHY FOOD. PEOPLE, AND COMMUNITIES

HE GOOD FOOD

Photo by Emelianov Evgenii, Pond5

## **THE SEEDS OF PROGRESS**

Will Allen's book focuses on the problems endemic to the historical and current realities of the American food system. However, it is a hopeful book about creating positive solutions to complex problems.

Allen recounts the creation of Growing Power-his nonprofit organization that seeks to improve local food systems in American cities by both investing in, and building urban farms and composting centers in urban areas, as well as by facilitating co-operatives and farmers markets in communities that had become food deserts.

Inner-city youth and minority workers joined his initiative as well as large corporations like Walmart, to work together to combat poverty, food insecurity, and gentrification along the way, so that we can begin to eat, live, and work together in a more sustainable, equitable fashion.

## WHAT ARE SOME OF THE TECHNIQUES AND INFRASTRUCTURES **ALLEN IS PIONEERING TO DEVELOP INNOVATIONS IN** SUSTAINABLE URBAN AGRICULTURE?

## HOW DO WE HELP COMMUNITIES FIND SOLUTIONS TO FOOD INSECURITY?

## HOW DO WE HELP OTHERS IN THEIR OWN COMMUNIT "Will Allen's remarkable story, told with eloquence and compassion. FIGHT/ADDRESS/COUNTER FOOD INSECURITY?

**USA COMMON READ/COMMON WORLD** 2024/25 BOOK SELECTION:

THE GOOD FOOD REVOLUTION **GROWING HEALTHY FOOD, PEOPLE, AND COMMUNITIES** 

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